

## SEMINAR ANNOUNCEMENT

# MENTAL, EMOTIONAL & PHYSICAL HEALTH CHALLENGES UNIQUE TO A PASTORAL SERVICE PROVIDER

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- A pastoral service provider's personal mental health and wellbeing is a key and indispensable platform upon which a great church is built and around which the warmth of a congregation is enjoyed.
- Thereafter, a pastoral service provider's personal health and wellbeing is the solid bedrock upon which family wealth and retirement benefits are enjoyed.
- Without sound mental and physical health, careers stagnate, churches fail, families struggle socially and financially and individual and family wealth is never a joy. Instead, the wealth becomes a tool in the futile attempt to restore the pastors/priests health which was "eaten into" when raising a great congregation and a great church.



Sadly, when young and energetic, many pastoral service providers are eating into their own health in order to bring up a healthy and wealthy church, only for them to eat into the same church and its wealth later in their lives in a futile attempt to reclaim the health they lost when building the great church.

In this one day seminar, Dr. R T Kamau brings you knowledge, skills and insights of interweaving your personal life with pastoral work without sacrificing (or "eating") into your personal health and wellbeing in the long run.

**Because:** As a pastoral service provider, the best gift you can give to your children, family and your church is a *healthy you*.

- Your personal health and wellbeing today are 90% of the choices you made in the past. Your health tomorrow (or in retirement) will be 90% of the choices you make today. And ...choices have consequences.

## TARGET AUDIENCE

**Church Ministers, Priests, Pastors, Deacons, Elders, Church Leadership.**

- **DATE:** Wednesday 16<sup>th</sup> April 2024.
- **VENUE:** VERONA HOTEL , 5TH FLOOR, SPUR MALL, THIKA ROAD, RUIRU
- **TIME:** 8.00am -5.00pm.
- **ENTRY FEE:** Ksh.10,000 Per Participant.
- **Pay to enroll through Till No. 119926**

## FOR FURTHER INFORMATION VISIT:

<https://dawaline.co.ke/courses/the-unique-mental-physical-health-challenges-of-a-spiritual-service-provider/>

Or

**CALL: 0702970999/0721541340**

