

Seminar Announcement

MENTAL, EMOTIONAL & PHYSICAL HEALTH CHALLENGES UNIQUE TO PASTORAL SERVICE PROVIDERS

Facilitated by

Dr. R T Kamau, HSC

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Seminar Date: Wednesday 16th April 2024

MENTAL, EMOTIONAL & PHYSICAL HEALTH CHALLENGES UNIQUE TO PASTORAL SERVICE PROVIDERS

- ❑ A pastoral service provider's personal mental health and wellbeing is a key and indispensable platform upon which a great church is built and around which the warmth of a congregation is enjoyed.
- ❑ Thereafter, a pastoral service provider's personal health and wellbeing is the solid bedrock upon which family wealth and retirement benefits are enjoyed.
- ❑ Without sound mental and physical health, careers stagnate, churches fail, families struggle socially and financially and individual and family wealth is never a joy. Instead, the wealth becomes a tool in the futile attempt to restore the pastors/priests health which was "eaten into" when raising a great congregation and a great church.



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Sadly, when young and energetic, many pastoral service providers are eating into their own health in order to bring up a healthy and wealthy church, only for them to eat into the same church and its wealth later in their lives in a futile attempt to reclaim the health they lost when building the great church.



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MENTAL, EMOTIONAL & PHYSICAL HEALTH CHALLENGES UNIQUE TO PASTORAL SERVICE PROVIDERS

❑ In this one day seminar, Dr. R T Kamau brings you knowledge, skills and insights of interweaving your personal life with pastoral work without sacrificing (or “eating”) into your personal health and wellbeing in the long run.

Because:

- ❑ As a pastoral service provider, the best gift you can give to your children, family and your church is a *healthy you*.
- ❑ Your personal health and wellbeing today is 90% of the choices you made in the past. Your health tomorrow (or in retirement) will be 90% of the choices you make today. And ...choices have consequences.



Dr. R T Kamau

TARGET AUDIENCE :

Church Ministers, Priests, Pastors, Deacons,
Elders, Church Leadership.

DATE: Wednesday 16th April 2024.

VENUE: VERONA HOTEL , 5TH FLOOR, SPUR
MALL, THIKA ROAD, RUIRU

TIME: 8.00am -5.00pm.

ENTRY FEE: Ksh.10,000 Per Participant.
Pay to enroll through Till No.
119926

FOR FURTHER INFORMATION VISIT:

<https://dawaline.co.ke/courses/the-unique-mental-physical-health-challenges-of-a-spiritual-service-provider/>

Or CALL: 0702970999/0721541340

